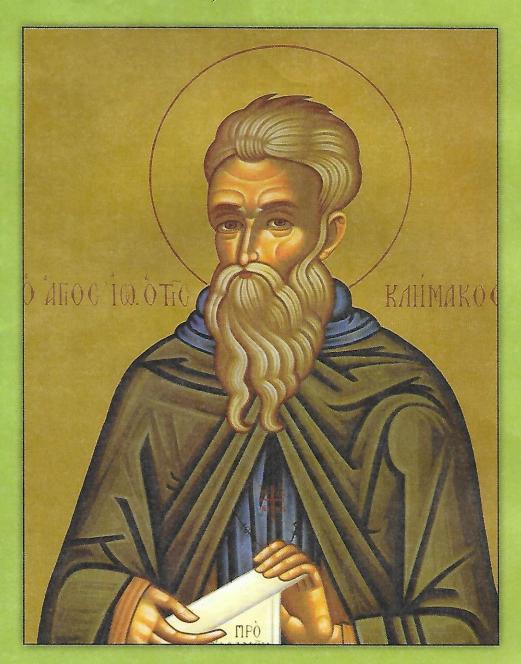
FOURTH SUNDAY OF THE GREAT FAST SAINT JOHN CLIMACUS



Icon of Saint John Climacus

The Ladder of Divine Ascent

Saint John Climacus (which means, of the ladder) was a sixth-century saint who entered the Monastery of Saint Catherine at Mount Sinai at age sixteen and dedicated his life to God. Over the course of his years at the monastery he developed a reputation for wisdom, selfdiscipline and an intense desire to grow in holiness.

He lived for seventy years at the monastery and eventually became hegumen (abbot). Although Saint John loved his monastery, he preferred solitude and spent many years in the wilderness living the life of a hermit. Even so, he was sought out by many pilgrims who traveled to Mount Sinai in search of this hermit saint and his wisdom.

Saint John is perhaps best known for his au-

thorship of a book entitled *The Ladder of Divine Ascent*. Even today, this thirty-chapter book is considered to be one of the most significant spiritual writings of Christian literature. Each of the thirty chapters represents one rung on a symbolic spiritual ladder of perfection leading from earth up to heaven. Thus, each chapter presents the reader with another spiritual exercise through which the highest point of earthly perfection may be reached before being consummated in heaven.

When he died, it was said of him that "his body ascended the heights of Mount Sinai, but his soul ascended the heights of heaven." By his example and through his prayers, may our sights remain high and heavenward as we continue on our Lenten journey.

Saints Peter & Paul Frainian Catholic Church

Hurst Street at Union Avenue Post office Box 126 Bridgeport, Pennsylvania 19405 www.sspeterpaulukrchurch.us

"Glory to Jesus Christ!"
"Slava Isusu Khristoo!"

June 20,21, 2020 Fathers' Day

FATHERS" DAY will be celebrated this weekend in our Parish, as we honor all our Dads in our familial circles. We will pray for all our fathers who have passed on to spend eternity with the One Father we all share. And we will pray for all our living Dads, for their health and welfare. All fathers have a great role to play in family life. Perhaps the greatest duty, however, is to demonstrate their love for their children and wives, as well as their love for the Heavenly Father. The power of this love will overcome all obstacles in life!

WE ARE STILL IN THE THROES of the Corona Pandemic and therefore must insist that every parishioner in church wear a face mask and maintain social distancing. We take these precautions not only for our 6wn safety, but primarily for the health and safety of our fellow faithful, i.e. love for our neighbor, one of the Commandments of Jesus Christ.

OUR LIVE-STREAMING SCHEDULE INCLUDES appearing this Saturday, the 20th at 6 pm but not on Sunday, the 21st. Next weekend we will live-stream on Sunday, the 28th at 9 am. We are so very grateful to Dan FRancis, our dear friend and parishioner, for his dedication to making our streaming happen.

OUR CHURCH SERVICES are now open, within reason, to our parishioners and friends, so please come and pray with us this weekend and next. The Holy Eucharist will be distributed at the Holy Liturgy. Father will explain the procedure for the reception of this sacramentafter he reads the Gospel.

If you or a friend would like to help pay for this large expense, please send a check to SS. Peter and Paul, PO Box 126, Bridgeport, PA 19405.

DIVINE LITURGY FOR THE WEEK

TODAY'S TROPAR:

Saturday, June 20, 6 pm For all our fathers, living and deceased Sunday, June 21 at 9 am +Agnes, Michael, Daughter Donna (Fonock Family) +Lubomyr, Alexander Trycieckyj (Vera and Family)

Saturday, June 27, 6 pm For all the Faithful, Living and Deceased Sunday, June 28 at 9 am +Danylo, Svitlana (The Berezovsky Family)

When You did raise the dead from the subterranean abodes, all the Powers of Heaven cried: "O Life-Giver Christ our God, Glory be to You."

GLORY TO THE FATHER AND THE...

TODAY'S KONTAK: You did rise from the tomb, O Savior Almighty, as hell

saw this miracle and was afraid. All creation saw this miracle and exults with You. Adam and Eve rejoice, as all the world, O my Savior, praises You forever and ever, amen.

TODAY'S PROKIMEN: My strength and my song is the Lord, my salvation.

Let Your mercy, O Lord, be upon us today.

When You did descend unto death, O Life Immortal, You vanguished hell with the splendor of Your Divinity.

OVE,

Fe. Conald