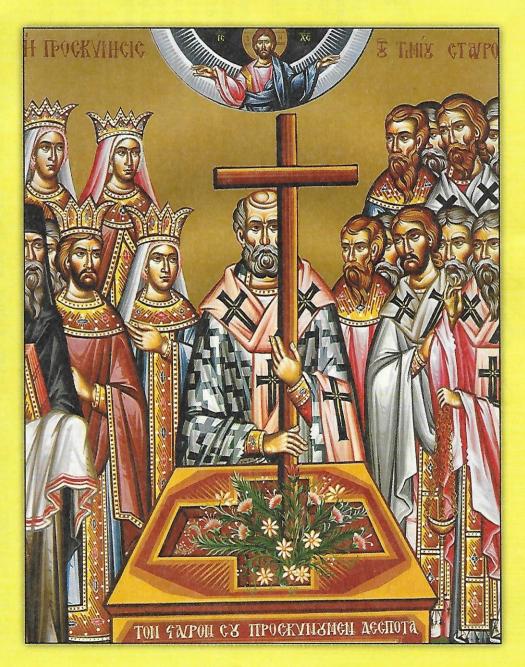
## THIRD SUNDAY OF THE GREAT FAST VENERATION OF THE HOLY CROSS



Icon of the Veneration of the Holy Cross

## Carrying Our Crosses

Once there were two monks who traveled to a monastery in the dead of winter. At one point, they heard a voice crying for help. They spotted a man lying in the snow. He had fallen and had nearly frozen to death. One monk said to the other, "We must go and help our brother." However, the other monk replied to the first saying, "If we stop to help him, we, too, will surely freeze to death. The poor man's fate is already sealed. Let us move along." Subsequently, one monk decided to stay and help the injured man, while the other monk decided to continue alone on his journey to the monastery.

Remaining behind, the monk bandaged the wounds of the injured man, hoisted him upon his shoulders, and resumed his journey. Eventually, they arrived at the monastery. Much to their surprise, they saw the lifeless body of the other monk just a few feet away from the door of the monastery. By choosing to travel alone, he had frozen to death. The monk, however, in choosing to help the injured man had arrived safely. Ironically, carrying the injured man upon his shoulders had insulated him from the cold.

Our Lord tells us, "those who will save their life will lose it and those who lose their life for My sake will save it." (Luke 9:24) As we venerate the Holy Cross today, let us remember that it is by carrying our own crosses and bearing our burdens in this life that we reap the greatest blessings - not only in this life, but in eternal life to come.



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"Slava Isusu Khristoo" "Glory to Jesus Christ"

The Holy Cross March 15, 2020

OUR SUNDAY SCHOOL will be closed this week and next, while we plan to reopen on Sunday, March 29 at 10 am. We are taking this action out of a prudent caution in regard the CoronaVirus and not because of any cases of the Virus among our Parish Family. Out of the same caution our parish workers and volunteers are sanitizing the entire school for the safety of our dear students and their families.

THIS WEEKEND OUR SERVICE SCHEDULE WILL REMAIN INTACT FOR BOTH SATURDAY and Sunday in regard the Liturgy, Baptism and wedding. We will distribute Holy Communion as usual. If you have any hesitation about receiving Communion, feel free to abstain. The Good Lord will surely understand. After Liturgy we will sing our praises to our Lord on the Cross. However, instead of kissing the Cross and the icon, Father Pastor will give you a personal blessing with his hands. Plenty of hand sanitizing products will be available in the vestibule for your convenience today.

TO BE BAPTIZED AND CHRISMATED SATURDAY: Sutton Jaymes, child of Michael and Brittany (Nusbaum) Fisher, Dresher, PA. We all pray that our Good Lord will bless this child and all the Family, Fisher and Nusbaum, with much love and robust health "for many good years".

TO BE MARRIED SATURDAY: Brian Saboe and Kelly Newcomer, Margate, NJ. We pray for this young couple, that the Lord Jesus may bless them with a fine and healthy family, much love and great joy, FOR MANY GOOD YEARS.

OUR LENTEN SERVICES will continue this coming week with the Presanctfied Liturgy Friday evening at 6 pm and Panachyda Service for all our deceased on Saturday morning at 8 am. Please come and pray with us, if you can.

OFFICIAL STATEMENTS of Parishioners' 2019 church donations can still be obtained from the parish office. Please give your name to the ushers for this purpose and Father will prepare a confidential form for you.

## DIVINE SERVICES FOR THE WEEK

Saturday, 6 pm Sunday, 9 am +Barbara Breitbarth (The Plush, Breitbarth Family)
Thursday, 7 am +Olga and George Tuttle (The Maruszczak Family)
Friday, 6 pm +Barbara Breitbarth (The Francis and Timbario Family)
Saturday, 8 am +Deceased in the Fedoryshyn Family (Oksana Fedoryshyn)
Saturday, 6 pm +Robert and lois Kovach (The Brown Family)
Sunday, 9 am The Health of the Fedoryshyn Family (Oksana F.)

HOLY CROSS TROPAR: O Lord, save Your People and bless Your Inheritance. Help the Faithful Rulers to overcome their enemies, protect the Faithful with Your holy Cross.

GLORY TO THE FATHER AND THE SON ...

HOLY CROSS KONTAK: The gates of Eden are no longer guarded by a blazing sword, for the holy cross has extinguished the flames. The Cross of Christ destroyed the sting of death and the fear of hell. O my Savior Jesus, You went to those in Limbo, crying aloud: "Return to Paradise."

HOLY CROSS PROKIMEN: O Lord, we adore Your Cross and glorify Your Three-day Resurrection.

LOVE, Fr. Lonard