

THIRD SUNDAY OF THE GREAT FAST
VENERATION OF THE HOLY CROSS



Icon of the Elevation of the Holy Cross

Taking Up the Cross

Whatever is commanded through evangelical precepts is undoubtedly related to the cross, as the Lord Himself proclaims: "Whoever will come after me let him deny himself and take up his cross daily and follow me." To be sure, this cross is rightly called "holy to the Lord," because the world, which until then had been profaned, is blessed by it ...

Paint this sign of your life ... as if on your forehead; also imprint it no less on the threshold to your heart, so that when the avenging angel perceives this he will not delay to pass over without causing you injury. Let these phylacteries hang before your eyes without ceasing, let these marks brand your body on every side, just as the Apostle testified concerning himself: "I," he said, "bear

the marks of Jesus in my body."

Break the body with fasts, abstain from your own desires, submit yourself in very prompt devotion to the command of another's order, let the modest judgment of silence check the impudent remarks of an insolent tongue, let the charms of droll speech not break out, let the rigor of severe continence tear out the illicit motions of the carnal passions, so that for you who die now with Christ of your free will, the heavier His cross is observed to be in your ... life, the more fully the glory of his Resurrection will accrue to you.

St. Peter Damian

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Glory to Jesus Christ!

March 11-12, 2023
The Holy Cross

THE HOLY CROSS of our Lord Jesus is the theme of the third week of Lent (Telyky Pist). We therefore place the decorated cross on the Tetrapod for the faithful to venerate. Please feel free to visit the Cross after Liturgy and make a reverent bow and whisper your prayer.

ON TUESDAY we have the burial service for +Carol Sinkanin, 60, an orphan woman who lost her mother and father years ago. As a ward of the State, Carol was a foster child of a good woman for some 20 years.

ON FRIDAY we will sing the burial liturgy for +John Morenko, husband of Olena Morenko of Plymouth Meeting. The liturgy will take place at 10:30 am Friday. We all pray that the Good Lord will now grant +John Eternal Memory, *VICHNAVA DAMYAT.*

THE LIVESTREAMING of the Holy Liturgy is set for this Sunday, the 12th, at 9 am, next Sunday, the 19th at 9 am, and Saturday, the 25th, at 6 pm. Please share this schedule with all your friends and neighbors.

THE PARISH WOMEN WILL serve a beef-beer event in our hall with several hundred guests. Please, Ladies, check with Father or Joanne, to volunteer to help, either Saturday or even Friday night, to prepare for this event, as we open our Hall to our community this year.

NEW CHURCH CALENDARS, in both English and Ukrainian, can still be had in the Church vestibule, Also 2023 donation envelopes can be found in the church basement with your names on them. Be sure to take home and use these envelopes for your gifts to our Parish. Also take the boxes for all your family members and neighbors, PLEASE.

THE COMMUNAL DIVINE LITURGY will be sung on Good Saturday morning this year. If you so desire, you can give Father a list of your family's deceased for Father to remember, Saturday, April 8.

PLEASE REMEMBER to fast from all meat on the Fridays of Lent. We fast to imitate our Lord Jesus, who taught us to fast to clear our souls and bodies in order to focus on the One who suffered and died for us.

DIVINE SERVICES FOR THE WEEK

Saturday, March 11, 6 pm	Health of Gina Plisiewicz (Parish)
Sunday, March 12, 9 am	Peace in Ukraine (Kromiak and Khrotiak Fam)
Saturday, March 18, 6 pm	+ Joe Dudas (Margie and Girls)
Sunday, March 19, 9 am	Matt Sepnefski (The Somits Fam.)

TODAY'S TROPAR:

0 Lord, save Your People and bless Your Inheritance. Help Your Faithful rulers to vanquish their enemies and protect Your Faithful with Your Holy Cross.

GLORY TO THE FATHER AND THE SON...

TODAY'S KONTAK:

The gates of Paradise are no more guarded by a blazing sword, for the Tree of the Holy cross has extinguished the fire, destroying the sting of death and the fire of hell. 0 my Savior, You wnt to those on Holy Saturday in Hades, crying aloud: "Return to Paradise"!

Слава України!

о. Романко